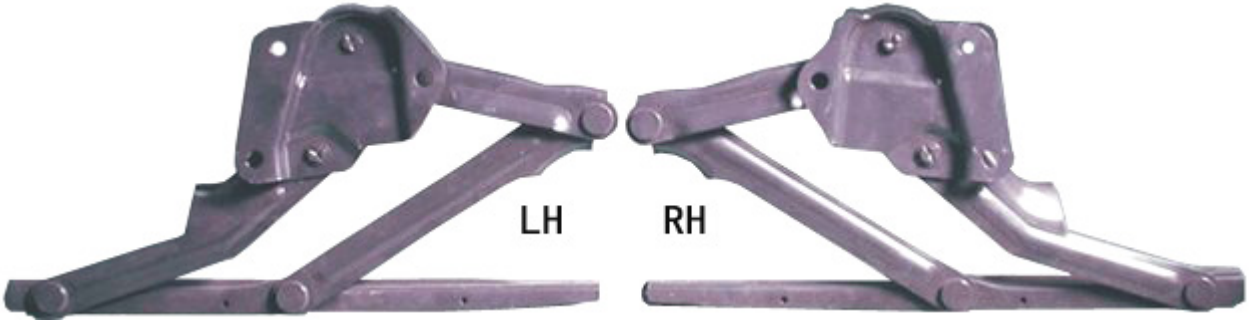
LH
RH